



Center Court

MAY 2012

A Warm Welcome for Babycakes The new Café at Balboa Tennis Club



Hot from the oven..... BABYCAKES Balboa Park at Morley Field opened up softly on Thursday, April 19. After 4 years

of establishing Babycakes Hillcrest, Rafael Del Rio & Christopher Stavros embarked on a casual cafe located in Balboa

Park at the Balboa Tennis Club. Open to the Public and neighboring the Morley Field Sports Complex, expect active foodies. Adjacent to the Morley Field Dog Park, naturally the cafe will be dog friendly. With ample free parking, a gorgeous park setting and delicious food, Babycakes Balboa Park will prove to be a sought after destination. Expect a magnificent menu including Paninis, Salads, Soups, and creative Comfort Food. They will also offer a full coffee bar and selections of their World Famous Cupcakes! Stay tuned....at www.BabycakesSanDiego.com



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National Open Hard Court Championships Wins Tournament of the Year!!!

The USTA National Open Hard Court Championships won Tournament of the Year for 2011, a San Diego District Tennis Award. Pictured above accepting the award with Ceremony Host Jim Lackritz are Referee Doug Fitzgerald, Desk Coordinator Carole Bunker, Director Colleen Clery Ferrell, Consultant Geoff Griffin and SDDTA President Steve Kappes. The new dates for the USTA 2012 National Open are June 4-10. Looking forward to another banner year!!!



The President's Court Chatter

by Dwight Van Slyke

The Balboa Tennis Club is a wonderful club. I have been thinking about what it will take to keep it that way well into the future so our children will reap the benefits we have all enjoyed from the Club.

Let's talk about giving. A small donation from your estate earmarked for Balboa Tennis Club, could ensure financial support for many years to come. I have been told that in California only a simple will is required. Please consider checking with your legal and financial advisors.



2012 Balboa Spring Championships April 14-15, 21-22

NTRP Women's 3.0 Singles –

Trueblood def. West 6-2, 6-2

NTRP Women's 3.5 Singles –

Beck def. Hayashi-Osorno 6-4, 6-4

NTRP Women's 4.0 Singles –

Vaughnes def. Pearcy 6-1, 6-3

NTRP Men's 3.0 Singles –

Pacio def. Bosson 6-3, 7-6

NTRP Men's 3.5 Singles –

Verdeprado def. Arias 6-1, 6-1

NTRP Men's 4.0 Singles –

Baniqued def. Hasper 6-4, 6-0

NTRP Men's 4.5 Singles –

Steinberg def. Murphy 7-6, 6-3

NTRP Men's 5.0 Singles –

Jeffries def. Winters 7-5, 6-4

NTRP Women's 3.5/4.0

Doubles Gallego/Lyon def. Moore/Reyes 6-4, 6-0

NTRP Women's 4.5

Doubles Nguyen/Robert def. Arceneaux/Tarantino 6-4, 6-0

NTRP Men's 4.0 Doubles –

Baniqued/Venture def. Cooke/Saunders 6-3, 6-4

NTRP Men's 4.5 Doubles –

Cornett/Ortuno def. Murphy/Sabio 6-4, 5-7, 7-6

NTRP Mixed 4.0/ 4.5 Doubles –

Broderick/Oullette def. Hasper/Jung 6-2, 6-1



2221 Morley Field Drive
San Diego, Calif. 92104
295-9278

www.balboatennis.com

President

Dwight Van Slyke

Vice President

Peter Conneely

Treasurer

Jane Pulliam

Secretary

Spike Lowndes

Board Members

Kevin Barton

Ruben Carriedo

Mary Gunset

Brad Hasper

Dan Hays

Pat Mason

Gregg Ward

Director

Colleen Clery Ferrell

Tennis Director

Geoff Griffin

Board meetings are at 7 p.m. every third Tuesday of the month in the BTC Clubhouse. All members are welcome.

The BTC Main Office is open Monday through Friday.

The reservations desk is open 8 a.m. to 9 p.m. Monday through Friday; 8 a.m. to 8 p.m. Saturday and Sunday

The club is closed on Christmas.

Reservations & Info... 295-9278

Director's Office..... 295-4242

Pro Shop..... 291-5248

Babycakes 804-2787

Submissions to the newsletter are welcome.
Call 295-4242

The Director's Report by Colleen Clery Ferrell

The International Senior World Championship tournament played here in February was a complete success in every aspect. One of my former bosses used to preach the five P's when planning any event: Perfect Planning Presents Poor Performance. I have tried to apply those wise words over the years to every event I'm involved with and preparation for the ITF Tournament was no exception. With 19 countries being represented in the competition and hundreds of players involved, every club including ours wanted to put their best foot forward and hope their clubs would shine.

With the help of the San Diego Sports Commission, the volunteer staff and club employees, we broke down every area of the club which needed attention and upgrades. Similar to a "Spring Cleaning," we examined everything and did our best to improve from the landscaping to the tournament desk components. In the end, we received excellent marks for our efforts. After the tournament successfully ended, a sigh of relief was followed by, "why can't we keep the club looking this good?"

My plea to all of you is to continue to help with the cleanliness of the club and take pride in the way the club looks. I don't expect anyone to be pulling weeds they see popping up between the cracks, yet throw away paper goods, use the recyclers for your cans and help us keep the club looking good. With the excellent addition of Babycakes, our new café, there will be more traffic and waste. Your attention to detail in helping out with the little things will keep our club clean and one to be proud of in every way.



Brian Horner – Next Level Rehab – Sports Massage

Every summer when tournament season starts at Balboa Tennis Club, a familiar face appears setting up "massage camp" between the Pro Shop and the Reservation office. Smiling as always, Brian Horner of Next Level Rehab, emerges with his table, music, flip flops, shorts and amazing hands ready to get busy. "I'm very happy working the Balboa Tournaments, he says. "Many of my clients here have turned into friends as well."

Brian has worked the Balboa Tournaments since 2005. Prior to his debut at BTC, he earned his two year degree in massage at the Southwest Institute of Healing Arts in Tempe, Arizona. Brian then plunged into his sports massage career in 2003 by working on the ATP Tour, Pro Beach Volleyball, USTA Junior Super

Nationals, The Easter Bowl, World Team Tennis, BTC Tournaments and the La Jolla Championships.

"I realized tennis players get really sore and they need massage," he said. As a tennis player himself, Brian feels he understands the bio mechanics better. "Through myofascial release and stretching, I can provide better balance for the athlete."

"I'm right where I want to be as a therapist. I spent ten years getting to this point and now I can choose the events I want to work," he says. Brian will be back at Balboa Tennis Club beginning Sunday, June 3 for the start of the National Open Hard Court Championships. If you would like to set up any time with him, feel free to contact Brian at 602-402-8434.



Wounded Warriors and Tennis Fest 2012

by Tennis Director Geoff Griffin

As many of you know, the Balboa Tennis Club has a great deal of members who have a passion for helping worthy causes involving the military. Our twice monthly Wounded Warrior clinic is very healthy and will continue as long as there is a need for it. The way the world looks today, there may never be a time where our troops are not in harm's way somewhere. The Adopt A Unit program we participated in last August was another huge success. We sent care packages to three units over in Afghanistan and Iraq. It was a huge team effort and the thank you letters we received

made it all very worthwhile.

I wanted to make you all aware of a couple great additions to our existing programs. First, many of the volunteers from our Wounded Warrior Program formed a committee last year with the idea of applying for a grant from the United States Olympic Committee. We thought it would be great if we could get the word out to all the military hospitals in the country and try and invite a group of Wounded Warriors to San Diego for a tennis camp. Our grant was approved a few months ago and now we have been busy making the

camp happen. The grant was for \$15,000. The money will be used for airfare, lodging, food, entertainment, etc... for all our guests. The camp is set for May 16th, 17th and 18th. It will be about 4 hours of instruction per day. At the camp's conclusion, many of our guests will have the opportunity to play in the Hendrickson Wheelchair Tournament which is scheduled for the weekend of the 19th and 20th. We will of course invite many of our local Wounded Warriors as well. BTC members are welcome to watch the Warriors in action. Due to an unbelievable turnout of signups, we have reached capacity and are about \$10,000 over budget. We are scrapping here and there because we don't want to turn anyone away. If you would like to help, give me a call at 619-838-1533. Checks need to be made out to Buddy Bowl, Inc. If the camp is a success, we will likely consider applying again next year.

The second addition that I wanted to tell you all about is our 12th Annual Tennis Fest. My teaching organization, the USPTA, is asking the teaching pros to run an event in May to help raise money for "Tennis Thanks The Troops." This nonprofit organization raises money to help the children of overseas military personnel with college scholarships. Tennis Fest will earmark the money raised to go to the spouses and children of San Diego military. We will be asking every adult signup to consider a very small donation. Because the USTA covers all the costs of Tennis Fest, every dime raised will go to "Tennis Thanks The Troops." All booth sponsors are asked to donate at least \$75 in product or give a check to "Tennis Thanks The Troops." As with every other Tennis Fest, we will be giving all signups a goody bag and t-shirt. If you want more information please feel free to email me at griffintennis@msn.com.



on-court prizes

door prizes

skills demos

drills & instruction

demo racquet technology

top area pros

Sunday, May 6, 2012 from 12 noon – 4:00pm
Balboa Tennis Club, 2221 Morley Field Dr., San Diego, CA. 92104

- ➔ **Curious about tennis or don't currently play?** That's ok, come on out and watch. There'll be activities everywhere and our annual "Ben Press" award ceremony as well.
- ➔ **Maybe you're thinking it's time to get back in the swing of things?** Whatever your interest level is, our USPTA pros will be sure to make this a fun-filled day and show you why tennis is the "Sport for a Lifetime."
- ➔ **Looking for a few tips?** So you've been playing for a while and like to play socially but there are few skills holding you back. Come on out and let our USPTA experts give you a few tips to help you with the skills you want to improve.
- ➔ **Seasoned player?** What's Tennis Fest going to offer a seasoned tennis player? USPTA pros will set up courts for fast-paced drills and workouts.



Tennis Fest gladly collects donations to support USPTA's Tennis Thanks the Troops program. Through the partnership with ThanksUSA, a 501(c)(3) non-profit charitable organization, the funds will provide need-based education scholarships for children and spouses of San Diego-based military families.

Pre-registration is preferred and only the first 800 pre-registered participants will receive a Tennis Fest T-Shirt, along with a Welcome bag of goodies.

Register online at: www.sandiegotennis.com

SDDTA, 2221 Morley Field Dr, SD CA 92104 ♦ Phone 619-299-8647 ♦ Fax 619-299-4075 ♦ Email: sddta@yahoo.com

"The San Diego District Tennis Association is a non-profit organization established to promote tennis in San Diego County. It is the local affiliate of the Southern California Tennis Association and the USTA".

1st ANNUAL MILITARY

TENNIS CAMP



SOUTHERN CALIFORNIA
SAN DIEGO

Who: Ill, injured and wounded servicemembers, both active duty and veterans from across the country.

Where: Balboa Tennis Club
2221 Morley Field Drive
San Diego, CA. The club is the home of a nationally-recognized tennis program for ill, injured, and wounded military personnel.

Why: Improve your existing skills, learn about adaptive equipment, and have fun!

What: The camp will consist of 3 days of training and skill building. On the 4th day, participants will have the opportunity to compete at a local tennis tournament.

Cost: Free! Transportation, hotel, meals, and equipment will be provided through a grant from the U.S. Olympic Committee.

Criteria: Prior tennis experience is desired. sport wheelchairs will be available for those who require them.

Please email or fax all registration info to:

Marla Knox, CTRS

Email: marla.knox@med.navy.mil

Fax: (619) 532-7722

For more information and registration forms, visit www.sandiegotennis.com and click on

Wounded Warrior Tennis Program.

The grant funding for this program is awarded by U.S. Paralympics, a division of the U.S. Olympic Committee, through funding provided by the American People. The grants are provided to facilitate the growth of Paralympic sport programming for disabled veterans and disabled members of the Armed Forces.

Wednesday-Saturday
May 16-19, 2012
Travel Dates: May 15th & 20th

Financial State Of The Club

by Jane Pulliam, BTC Treasurer

2011 was a busy year, financially speaking, for the Balboa Tennis Club. We started the year focused on the lower court lighting project, one of the biggest financial commitments in recent years. Due to adequate build-up of reserves, plus the cash influx from the (minimal) dues hike and early renewal drive, the project was completed without any borrowing. I believe all players who have the privilege of playing under the new lights will agree it was a worthwhile project! When reserves are replenished sufficiently, lighting on the remaining courts will also be

improved.

On a smaller scale, the hitting backboard area behind courts 15 and 16 has been resurfaced. The perimeter fencing was removed allowing for greater freedom of movement. This improvement was

financed mostly by the members of the club.



Please read the new BTC court rules.

Welcome to Balboa Tennis Club

- Only BTC members, daily permit purchasers and tournament players are allowed to use the courts. All walk-ons need to see Reservation Clerk.
- BTC Rules & Regulations are to be followed at all times.
- Please use courtesy when entering the court by allowing players to finish the point.
- Proper tennis shoes are required on the court.
- Only four balls per court please.
- No bikes, skateboards or roller skates are allowed on or around the tennis courts.
- No foul language or racquet abuse allowed on the premises.
- Please deposit litter in trash bins. Do not empty containers or cups with liquid into the trash.

Thank You - Enjoy the
Great Game of Tennis!

Courts 5 and 6 have recently been resurfaced and painted a beautiful blue and green. As funds and reserves become available for the resurfacing of other courts, a cyclical process, the blue and green color scheme will be employed until all the courts have these colors.

The last BTC financed improvement to note is the addition of shade structures on the lower courts between the middle courts. All of the league players love this one as the sun is always shining at BTC, especially on the lower courts. In due time, skirts will be draped around the sides for enhanced shading.

One very nice addition to the club infrastructure was provided by a donation from a generous club member. A video camera system allowing for monitoring of the individual courts and parking lot from the Reservation Desk has been a tremendous asset. Vandalism has decreased on the courts and in the parking lot. In addition, the ongoing video allows the attendants to monitor the players on each court for lighting purposes and to work the reservation system more effectively. The Club is very thankful for this state of the art security system.

These projects discussed above took a bite of the club's reserves. 2012 will be a year of austerity. We will concentrate on regular operations and building reserves for future improvements.

Mike Rogers' Community Service Award at USPTA Dinner

BTC Tennis Pro Mike Rogers received the Community Service Award at the United States Professional Tennis Teachers Annual Awards

Banquet. He believes he received the award for his decade long efforts and success introducing the game of tennis to children in his SDTJA After School Tennis Program. He said he, feels privileged to be one of the volunteering instructors of Geoff's outstanding commitment to the Wounded Warrior Tennis Program, and others that he has participated in over the past years being with Balboa. "I also enjoy the weekly teaching of my special wheelchair tennis friends at Barnes Tennis Center," he says. Similar to Geoff Griffin's dedication, "I never say 'no' when I am needed." Congratulations Mike on this well deserved award.



Tennis and Pure Relaxation

By 2011 USPTA Community Service Award Recipient Mike Rogers

While teaching the wheelchair tennis program at the Barnes Center, I see firsthand how grace and ease can be part of tennis. The students I work with are having fun and enjoy learning the game, gracefully gliding and manipulating their wheeled movements, respecting their playmates space. This has been a valuable observation and education for me and definitely something that I would like to translate into any player's tennis learning experience.

I gave Alex Djorjevic, who works at the BTC's Reservation, his first tennis lesson the other day, and again noticed the relaxation and joy the student player put into his first time tennis experience. I wish everyone would be less concerned about perfection and competition, be more positively motivated and relaxed. By creating positive chemistry in your

system, the feeling will eventually become a part of your well being. Make sure to remind yourself to exhale when you hit the ball. This will get rid of stress thus giving you a lot more control and power.

SAVE THE DATE!

3rd Annual North Park Historical Society Car Show Hosted by the Balboa Tennis Club

**Saturday, Sept. 8, 2012
10 AM to 2 PM**

Pre-registration required for exhibitors
\$10 for one car, \$20 for two or three

Parking Lot
at the Balboa Tennis Club courts
Morley Field
San Diego, CA 92104

Check our website NorthParkHistory.org for updates



MAY 2012

Calendar of Events

May

6	Tennis Fest – 1:00 – 4:00 Balboa Tennis Club
10-12	CCCAA Men's State Championships
15	BTC Board Meeting – 7:00 p.m.
19-20	Hendrickson Wheelchair Tournament

June

2	Free Tennis Clinic – 3:00 p.m.
4-10	National Open Hard Court Championships
19	BTC Board Meeting – 7:00 p.m.

July

6-8	San Diego Tennis Federation Annual Tournament
6-8	K and W Junior Tournament
17	BTC Board Meeting – 7:00 p.m.
20-22, 27-29	Balboa Open Tournament
23-27	Balboa Junior Tournament

August

11	Free Tennis Clinic – 3:00 p.m.
21	BTC Board Meeting – 7:00 p.m.
25	San Diego Hall of Fame Inductions/Dinner
24-26	San Diego District Championships
31-Sept. 2	San Diego District Championships

ITF Senior World Championships at Balboa Tennis Club

The 32nd ITF Senior World Team Championships, which is the senior tennis equivalent of the Davis Cup and Fed Cup competitions, took place February 6-11, at different venues around San Diego. Balboa Tennis Club hosted the



55 year old age group, as the USA men were attempting to win Austria Cup and the women were vying for the coveted Maureen Connolly Cup. The Men finished second place, behind a tough Aussie team. The USA women captured the title, beating out England. Forty American athletes were among 1,000 players from 35 countries participating at seven venues across San Diego, Calif.