

## Center Court

**JUNE 2011** 

#### Much Anticipated Paume Café & Grille Opens at Balboa By Todd Linke

The new Paume Café and Grille will be both familiar and new to patrons. The name itself is derived from the original 12th century French game called paume (meaning palm), a court game where the ball was struck with the open hand. Eventually the game of paume developed into the sport of tennis that we enjoy and love today. Proprietors Alex Joy and SDTF member Kenn Baniqued have developed many menu items that are also derived from familiar classics, but with an updated gourmet twist. They hope that this twist will make the café a destination rather than a last resort for hungry players and spectators.

The idea of a gourmet café has been a long time coming. Kenn has been a member of the Balboa Tennis Club since the mid-1980s. Like so many of us, he has enjoyed the courts for their convenience, and the ability to meet new people and pick up a game. But the café was never an



integral part of the experience, and certainly wasn't a dining destination. Ken was inspired by other clubs around the country, and decided to join up with good friend and experienced cook Alex Joy to develop a concept that would change the way people viewed the café.

Kenn and Alex have the goal of creating a café with great food, great customer service, and a welcoming environment. Let's start with the food. Talking to Alex, you get the sense that Paume's menu is not merely a list of food, but a work of art. Sure there'll be grilled cheese, but it'll be made with havarti instead of mom's Kraft singles, and a rosemary and red onion confit on French Batard bread. Other quality ingredients, such as Boars Head meats and artisan breads from Bread & Cie, will give the sandwiches you grew up with a few surprises. You'll enjoy your meal in a newly spruced up environment, including freshly painted tables adorned with potted flowers.

The Paume Café and Grille is located in the newly renovated kitchen in the Balboa Tennis clubhouse. It is open seven days a week, from 8:00 a.m. to 6:00 p.m. on weekdays and 8:00 a.m. to late afternoon on weekends. They serve a full breakfast menu, as well as a full menu of items suitable for lunch and dinner. The café is perfect for catching a delicious bite to eat before or after your match, or for creating a pleasant stay at the club.

# Paume Café and Grille Free Tuesday Clinics Monday Tennis Group Tribute to Fallen Tennis Heroes Help for a Painful Knee In Tennis Love is Everything Tiffany Filipovich Receives Award Spotlight on Pro Mimi Loucks Spring Tournament Results

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Goal	
\$500,000	
Donations	
to Date	
\$6,092	
7	

#### Free Tuesday Tennis Clinic

Thanks to all the volunteers who made the Tuesday Free Tennis Clinic for Kids a complete success this past year. Steve Serna, Lani and

Oksana West, Tiffany and Francis Filipovich, rarely missed a week which really helped with the consistency of the clinics. Thanks also to Gail and Steve Myatt for coming out and helping too. The Tuesday Free Clinic will start up again in the fall with the same enthusiasm!!!!



#### The President's Court Chatter

by Dwight Van Slyke

I can't tell you how many times over the past few weeks that one of our members has complimented me on how nice the club looks. This is a direct reflection on Colleen and our wonderful staff.



We raised the membership dues June 1st. Our new lease with Park & Recreation stipulates that we have to pay for all repairs and improvements to the club. This means we will have to pay for the new roof on the Pro Shop at a cost of \$5,000 to \$7,000. This is something they would have done in the past.

We are increasing the maintenance to provide even cleaner courts.

We are increasing the maintenance to provide even cleaner courts, clubhouse, grounds and restrooms. I am certain you will all agree that our dues are still very low for a club as wonderful as ours. If you would like to volunteer some time to help with painting, gardening, tournaments, etc., please let us know. Volunteering helps to keep the costs of maintaining the club down. We whistle while we work, we whistle while we work.

The new lower court lighting project is underway and going as planned. We will have a special lighting party once the project is complete. Our new Paume Café will provide their delicious food for our enjoyment and Ronnie will be playing and singing. Watch for the "Update" for the day and time.

Should an extra fee to help pay the electric bill be passed on to the evening players and leagues? Please email or drop off your suggestions at the club.

#### Dues and Daily Pass Fees Increase Beginning June 1, 2011

Balboa Tennis Club is still one of the best deals in town despite the increase in membership dues and daily pass fees. This increase is necessary to keep up with rising costs in every aspect of the club. Here is the new dues structure beginning June 1, 2011.



Adult New - \$225 Adult Renewal - \$200 Senior New - \$160 Senior Renewal - \$145 Active Military - \$160 – (new) 4 Month - \$100 Junior - \$75 (under 18) Day Pass Adult - \$6 Day Pass Senior \$4 Day Pass Child - \$2



2221 Morley Field Drive San Diego, Calif. 92104 295-9278 WWW.balboatennis.com

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Pat Mason

Melinda Murray

Director

Colleen Clery Ferrell
Tennis Director
Geoff Griffin

Board meetings are at 7 p.m. every third Tuesday of the month in the BTC Clubhouse. All members are welcome.

The BTC Main Office is open Monday through Friday.

The reservations desk is open 8 a.m. to 8 p.m. Monday through Friday; 8 a.m. to 6 p.m. Saturday and Sunday

The club is closed on Christmas

Reservations & Info... 295-9278

Director's Office...... 295-4242

Tennis Café ...... 606-2233

Submissions to the newsletter are welcome. Call 295-4242

#### The Director's Report by Colleen Clery Ferrell

After playing the USTA National Women's Championships this week at La Jolla Beach and Tennis Club, I experienced more pride than ever from being associated with Balboa Tennis Club. A record number of BTC members participated and equally impressive was the BTC fan base which travelled from court to court to cheer on each other. We are a vocal crowd and proud, which makes playing all the more exciting!!!

To begin with, BTC was represented in nearly every age category. Players who never experienced a national tournament, like Pat Giebink, came out of the closet for the first time in the (80) division to showcase her talent and won a Bronze ball with veteran Nancy Kibbey. Veterans of the national scene like Ann Russ, Judy Janc and Ginni Blanchard (60), Roz King (70) and Fran Hunter (80) played fervently with the passion for the game they have known for years. "Wanna



BTC members Pat Giebink and Nancy Kibbey won the Bronze ball in the 80 division doubles of the La Jolla National Hardcourt Tournament.

be greats" like me in the (50) division had to settle for giving 110%, yet getting the award for the "Best Fan Support" which still made me very happy. Thanks to all of you who participated in the National Tournament in La Jolla and those faithful BTC fans who cheered for our players.

There's still plenty of time to experience the tournament scene. The summer season is right around the corner. Balboa sanctioned tournaments are a great opportunity to experience the rush of energy from competition and the sense of joy from giving your best. Check out the calendar on page 8 of this newsletter for a complete list of the tournaments. You can also go to our website at <a href="https://www.balboatennis.com">www.balboatennis.com</a> and connect directly with the USTA to enter. The choice is yours and the time to enter is wide open. Waiting until the 80 division is still an option and never too late!!!

#### Welcome/Rehab Monday Tennis Group

Over ten years ago board member, Pat Mason started a Monday morning drop-in group at BTC. The 3 lower front courts were reserved and we rotated winners and losers every 20 minutes or so. Eventually a lot of people established regular games and left the group for one reason or another...BUT, the group continues, with only 2 lower courts in the back and has been named: Rehab Tennis...because so many people have injuries, surgeries or other issues that don't allow them a permanent committment to a regular game. SO, we welcome anyone 3.0 + to join us any Monday 9am to 10:30. Maybe you're new in town or just getting back to tennis, recovering from something or heaven forbid someone in your Monday group did not show up and you're dying to hit the ball...come on over!



#### **A Tribute to Fallen Tennis Heroes**

My name is Tom Monahan and I am a member of Balboa Tennis club. I've lived in San Diego since 1984 after moving from Denver, Colorado where I was the Tennis Director at the DCC (Denver Country Club). While I was there, I spent (one on one) a week with Arthur Ashe who happened to be visiting a member of that all white club. Arthur was a very deep

man and when he spoke I hung on each word that he said.

The most memorable of our conversations were about the "It" factor. I had never heard that term before and was quite curious to his heartfelt meaning to this key ingredient of sport, or life. He spoke about "It" as if some divine angel was to sprinkle dust on you and wham you with "It" were at Wimbledon like him to win that hallowed crown. As we looked out to court three at the club, two nationally ranked juniors David Smith and Andy Potter both top ten nationally ranked

juniors pounded balls at each other. I told Arthur both of these kids, David the grandson of Byron Smith founder of Northern Trust and Andy, the son of Denver's most prominent attorney both had silver spoons in there mouth and didn't seem to have what I thought he meant at the time "It". His response was what are you going to do about it meaning them not having "It"?

So, I answered him with all that I knew at the time! I don't know! He responded, "I guess you better find out"! I immediately uncontrollably started to explode tears from my eyes while asking him more completely stupid questions about "It".

Several years latter after receiving an honorary degree in divinity from a black university did I realize what this mystical "It" factor was and what contributed to it. And I believe all of us have this within us to some degree, as this is how we can recognize "It". Most people that I have found that have it have had four things in there lives. They have had loving parents a secure environment or home and

someone or parent usually has given them a sense of significance or validation.

I never got any of these in my own up bringing, but tennis provided a discipline or quest that allowed me to search for this "IT" factor. Along that quest I met Arthur Ashe, worked for sports psychologist Jim Loehr, had coach Jack Barnaby at Harvard University

and Ed Serues at Amherst College help me with my profession of tennis albeit life quest, with their heartfelt words of wisdom.

I'm currently a proud member of Balboa Tennis Club. I have been ranked nationally several times in senior divisions. Mark Schmersal and I this last summer lost in the USTA National 55 Grasscourt quarterfinals in three sets to the #2 team in the US and this April I finished 5th in the USTA National 55 Indoor doubles after winning the feed-in consolation Finals. I am also a RIA (registered investment advisor) specializing in Philanthropic Planning and Tax-Advantaged investing. My mission in life is to use my favors or gifts from tennis and the

financial community to impact young people by assisting those that provide educational programming for human development and those that strive to make a difference.





# Tennis Legacy for BTC

Leave a wonderful tennis legacy in your name that will significantly help carry forward the BTC tradition of service to the tennis community. You can arrange a bequest in your will or trust. You could also make BTC the beneficiary of an insurance policy, an IRA or a bank account. It's easy to do. For additional information, call the Club Director, Colleen Ferrell at 619-295-4242.

#### In Tennis, Love Is Everything

In 1957 in the public park court in Long Beach a young man (Doral) met a young woman (Fran) and

they began playing Mixed Doubles together. They even started winning in their divisions in area tournaments, league play and club events. They became very good friends and enjoyed activities with their respective spouses those years. By 1964, they had each divorced, established new mixed doubles partners and married their long term spouses while still remaining long distance friends throughout the next 45 years or so, never losing contact.

Sadly, in 2007-8 both spouses passed and a

condolence phone call from Doral to Fran reunited them. A happy visit ensued to Fran's house where

Fran (Wakefield) Hunter and Doral Hunter

Doral looked at two old trophies sitting way up high. When asked what they were, Fran said she did not

know because she had given away all the old trophies from about 50 years of play. Those two trophies actually were ones from 1957 and 1958 that she and Doral had won together. Fran had NO IDEA why she had kept only those for all those many years....Kismet? Sometimes our fates are decided for us....

Well, since Fate seemed to be involved, these two followed their stars and were married May 1, 2009 and have resumed their Mixed Doubles play. Doral gave up golf to return to the tennis world. Fran has not stopped smiling yet. The long

forgotten trophy sits in a high place of honor in their home looking down as their symbol of fate.

#### **Court Lighting Project Update**

by Jerry Bischoff, BTC Board of Directors Facility Coordinator

The court lighting project is happening. G-Force Electric is our contractor. We are happy that Kirk the owner, was able to obtain this contract with our club, as he has been responsible for maintaining the club court lighting for several years.



Now that the poles, arms and fixtures have been installed, the final phase of construction will be to trench 300' from the electric closet behind court 18 to the back of court 22 with new conduit feeds. There a new secondary electric subpanel will

be installed in a secure steel cabinet set on a concrete pad. A final hookup will then take place from that secondary electric panel to the court wiring configured on top of the existing fence and under the court along the net lines. If all goes well the lower courts will be operational by late June. The contractor is also incorporating a remote energy saving switching so that each court can independently be turned on and off from the reservation desk.

Thank you for your patience and cooperation during the construction of this project.





#### 2011 San Diego Tennis Hall of Fame Induction Ceremony

"Honoring those who have left an indelible mark in San Diego's rich and abundant history"

Saturday, August 27, 2011 4:30 PM

Maureen Connolly Brinker Stadium Court
Balboa Tennis Club
2221 Morley Field Dr.
San Diego, CA 92104

A casual dinner reception to follow, space is limited so reserve early! \$15 per person

"The Class of 2011"

Harper Ink, Sr. Angel Lopez Gretchen Magers Bobby Riggs Valerie Ziegenfuss

**Master of Ceremonies, Logan Jenkins** 

The San Diego Tennis Hall of Fame Banquet Reservation

August 27, 2011, 4:30 PM: Induction Ceremony, reception to follow \$15 per person

Make checks payable and mail to:
San Diego District Tennis Association
2221 Morley Field Drive, San Diego CA 92104

For more information call 619-299-8647 or visit sandiegotennis.com

Name:	
Guest(s):	
,	
Amount enclosed: _	(Please include payment for all attendees)



#### Tiffany Filipovich Receives Bill Dudash Award for Community Service

Congratulations to BTC Junior Member Tiffany Filipovich on receiving the 2011 Bill Dudash Memorial Award, given out by the Barnes Tennis Center. The award is given out annually to a boy or girl for outstanding community service. Tennis Director Geoff Griffin says, "Tiffany always helps with clinics, all types of benefits and she also strings racquets for the kids. She also assists with the Annual Holiday Drive each year." Way to go Tiffany!!!!



### Booster Club Signs Still Available

The club still has plenty of room available for BTC Booster Club signs. The beautifully hand painted wooden plaques presently adorn many of the gates around the club. They sell for \$250 each and make a wonderful memorial gift, birthday or present for any type of special occasion. Contact Colleen if you are interested.

#### BTC Tennis Pro Mimi Loucks on her Philosophy of Teaching

I grew up playing at Balboa Tennis Club as a junior player and came back to teaching almost 4 years ago. I have over 30 years of playing experience through national level juniors, division 1 college tennis and the professional level, all of which helped me develop as a tennis teaching professional. When teaching my students, I try to blend playing experience, past exposure to top coaches and my personality into lessons. It is a joy for me to share tennis knowledge with my students and to see them reach their personal goals. I teach all



levels, but most of my students are both male and female club players striving to improve their game, learn more strategy and have fun doing it. I pride myself on meeting my student wherever they are in their tennis career. What I mean by this is I evaluate their game, discuss short and long term goals and then determine how together we can meet their personal tennis goals. Tennis is a lifelong pursuit. I want my students to fall in love with the game so I try to teach in a fun and encouraging atmosphere.

#### **Tennis Tip by Mimi Loucks**

Players often ask me, "How come during practice or my lessons I am able to hit deep ground strokes but when I play a match that really counts my shots tend to land short or in the net?" My response to my students is "Are you trusting your stroke?" When a player is nervous or not confident in their shot, one of the first technical breakdowns is the follow through of the stroke. We tend to want to guide or control our ground strokes by pushing the ball in the court. When we push our forehand or backhand, we are slowing down the momentum of the stroke which is the complete opposite of what we are suppose to do. When watching the pros, notice how fast their racket head speed is and how they finish the follow through on every ground stroke. Racket head speed on our follow through is how we get topspin and depth on our shots. Don't push your ground strokes in; trust your stroke and most important finish your follow through.

#### Spotlight on a Pro - Mimi Loucks

- Nationally ranked junior player Top 50 singles and #5 doubles in 18 & under division.
- Full scholarship Clemson University, played #1 singles and doubles, All ACC Conference team 1989-92
- Nationally ranked in NCAA Division in singles and doubles

For all the latest club news, visit the Balboa Tennis Club Website

www.balboatennis.com

#### **Calendar of Events**

#### June

Julie		
July	4 6-12 21	Free Tennis Clinic – 3:00 p.m. National Open Hard Court Championships BTC Board Meeting –7:00 p.m.
Augus	2-4 8-10 19 22-24,29-31 25-29	San Diego Tennis Federation Tournament K and W Junior Tournament BTC Board Meeting – 7:00 p.m. Balboa Open Tournament Balboa Junior tournament
7 tagat	12	Free Tennis Clinic – 3:00 p.m.
	13 16 26-28 & Sept. 3-6	BTC Board Meeting – 7:00 p.m. San Diego District Championships



#### **Balboa 2011 Spring Tournament Results**

NTRP Women's 3.0 Singles – Elizabeth Posadas def. Olivia Burgos – 3-6, 6-3, 6-3

NTRP Women's 3.5 Singles – Donna Pearcy def. Chi Luong – 6-4, 6-2

NTRP Women's 4.0 Singles – Sandra Isaac def. Janene Christopher – 7-6, 6-2

NTRP Women's 4.5 Singles – Susan Dent def. Sonia West – 6-1, 6-1

NTRP Men's 3.5 Singles – Jeff Hines def. Todd Linke – 6-0, 3-0 ret.

NTRP Men's 4.0 Singles – Ian Sheres def. Scott McLeod 6-2, 6-1

NTRP Men's 4.5 Singles – Jason Hom def. Adam Gusterine – 6-2, 6-3

NTRP Men's 5.0 Singles – John Jefferies def. Robert Green – 7-5, 7-6

NTRP Women's 3.5 Doubles – Hayashi/Osorno/Isaac def. Jefferies/Pearcy - 6-4,6-2

NTRP Men's 4.5 Doubles – Matias/Sabio def. Mahaney/Rogers – 6-3, 6-1

NTRP Mixed 3.5 Doubles – Linke/Isaac def. Goddard/Perry – 6-3, 6-1

NTRP Mixed 4.0 Doubles – Ewing/West def. Grassi/Ropozo – 7-6, 6-4

NTRP Mixed 4.5 Doubles – Griffin/Clery Ferrell def. Jefferies/Gunset – 7-6, 6-0