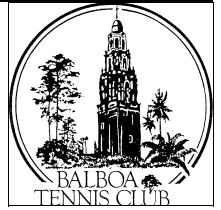


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BTC LEAGUE TEAMS CAPTURE TWO NATIONAL CHAMPIONSHIPS

For the first time in the history of the USA League, which was started by the USTA 21 years ago, two ladies league teams from Balboa Tennis Club have won the National Championship. These two national titles are also the first of any level in San Diego County. Ironically, Masako Beppu's USTA 4.5 Senior Team and Robin Rodger's USTA 9.0 Super Senior Team each won their first National Championship within days of each other.

Captain Masako Beppu, along with

Deb Linder, Ginni Blanchard, Mary Alice Hillier, Linda Bray, Judy Sperling, Roz King, Anne Russ and Teri Howard defeated a tough Eastern Team from the New York/New Jersey area in the finals on October 23. Two days later, Captain Robin Rodger, along with Roz King, Anne Russ, Penny Thomas, Elaine Hawkins, Marion Hinchy, Val Gwin and Keri Gloyna defeated a challenging Pacific Northwest Team in the finals. Both teams are reveling in the joy of victory.

SENIOR OLYMPIC TENNIS A BOOMING SUCCESS

The 4th annual Senior Olympic Tennis Tournament was held September 12-14 at BTC with players coming from all over the state to compete. Barbara Gregorio, along with tennis legend Ben Press, ran the tournament. The ages ranged from 50 to 88. Each participant received an Olympic tee shirt, a gift bag full of goodies and nutritional bars. First, second and third place medals were awarded. The "Inspiration Award" of the tournament was Otto Roemmich who participated at 86 years old in singles, doubles and mixed.

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Center*

inside...

THE DIRECTOR'S REPORT

by Colleen Clery Ferrell, BTC Director

“Happy Fall,” to all the members. With the chilly weather arriving, everyone has to be feeling the change of seasons. Of course, as we all know, by the time this newsletter arrives at your door, the weather could be sunny and 70 degrees. This is what we cherish and truly treasure about the San Diego lifestyle.

My first three months at Balboa Tennis Club can be summed up as “enlightening.” I appreciate working in a tennis environment and having the opportunity to make a great club even better. Thank you to all the members who have reached out and helped with my challenging adjustment.

Congratulations to all three Balboa Ladies League Teams who qualified for Nationals and to the two teams which won the National Championship. This accomplishment is extremely gratifying to the players themselves and to the club they represent. On behalf of Balboa Tennis Club, we are very proud of your success.

We have so much exciting information to report this quarter, so I’ll get on with the news. Many thanks to Don Goyette for helping with computer challenges and getting this newsletter to press. As for all of you members, whether you’re competitive or recreational players, keep on enjoying the opportunity to hit the ball and race around the court. You’re living proof that tennis is indeed the “sport of a lifetime.”

ETCH YOUR NAME IN BTC TENNIS HISTORY – BUY A BENCH

Our “Buy A Bench” campaign is now in full swing. So far, seven benches have been purchased for \$600 each and are currently being installed by our premier maintenance engineer, Gil Mahaney. By the end of the year, each bench will display a plaque acknowledging the name of the donor. These generous members will be etched in Balboa Tennis Club history for years to come.

The benches are being ordered in groups of seven. So far, two more benches have been purchased out of the next bunch. Members wishing to purchase a bench should leave a check for \$600, made out to GSDCTC, the Greater San Diego City Tennis Council, with Colleen, along with desired verbiage and court preference. These benches are tax deductible and would most certainly make a wonderful gift. Don’t miss out on a chance to sit on your own bench at courtside.



2221 Morley Field Drive
San Diego, Calif. 92104
295-9278

Robin Rodger
President

Richard Barndt
Vice President

Ron Celeste
Treasurer

Armin Afsahi

Randy Gerson

Mark Gregory

Don Goyette

Terry Overbey

Linda Stadelli

Dwight Van Slyke

Will Tappen

Board Members

Colleen Clery Ferrell
Director

Geoff Griffin
Tennis Director

Board meetings are at 7 p.m. every third Tuesday of the month in the BTC Clubhouse. All members are welcome.

The BTC Main Office is open Monday through Friday.

The reservations desk is open 8 a.m. to 8 p.m. Monday through Friday; 8 a.m. to 6 p.m. Saturday and Sunday

The club is closed on New Years Day, Thanksgiving, and Christmas.

Reservations & Info... 295-9278

Director's Office..... 295-4242

Pro Shop..... 291-5248

Tennis Café 299-8787

Submissions to the newsletter are welcome.
Call 295-4242

TURKEY SHOOT SOCIAL SET FOR NOVEMBER 19

The most popular tennis social at BTC is slated for Saturday, November 19 at 3:00 p.m. The cost will remain at \$5.00 per person and this includes a home cooked turkey meal after the tennis by the Tennis Cafe. A turkey coupon will be presented to the winner in both divisions. Players must be 3.5 level or above. Signups will take place at the reservation desk. Don't miss out on all the fun and a chance to bring home a turkey for your own celebration.

2.0-3.0 SOCIAL OFFERED and CARDIO TENNIS IS COMING

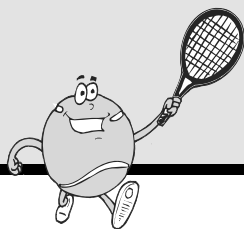
By popular demand, Geoff's Tennis Staff is now offering a 2.0-3.0 Social on Sunday afternoons from 1:00-3:00. Tom Nygaard will be running the round robin event. The cost is \$7.00 per person. Geoff is also organizing a Cardio Tennis Clinic, which is basically a complete aerobic workout with a tennis racquet in your hand. If you are interested in either one of these activities, inquire at the Pro Shop

SHOE AND BLANKET DRIVE FOR ST. VINCENT DE PAUL

Beginning November 1, BTC will be collecting shoes and blankets at the reservation desk to benefit St. Vincent De Paul. Our esteemed member and Transitional Coach at St. Vincent De Paul – David Ross – says the Village really needs our help. Last year's drive was a tremendous success and we hope to collect even more this year. The Shoe and Blanket Drive will culminate at the Turkey Shoot on November 19.

LOCKER POLICY CHANGE

Beginning January 2006, the club locker policy will be amended. At the time of your membership renewal, locker fees will be prepaid for the entire year. The fee for a yearly locker will remain the same at \$60.00. If you have any questions on your own locker renewal dates, please stop by the reservation desk and one of our friendly clerks will be happy to clarify your locker status



Tennis Tips...

...from the pros

THE VOLLEY By Geoff Griffin

Let the volley come to you or go to the volley? Many club players are caught flat-footed while at the net. The volley stroke itself is the easiest stroke in tennis. Why do so many people have trouble with it? Two reasons: anticipation and positioning.

Anticipation: It takes great skill to react quickly to a volley. Meeting the ball in front is critical. Work on reading the ball coming off your opponent's racquet. I believe this skill can be learned. Make sure you have your wrist locked high so that your racquet and your forearm appear to be a V shape. Using a Continental grip with this V shape ready position will give you maximum stability and strength at the point of contact.

Positioning: Now that you have anticipated what type of volley is coming, you need to perfect your positioning. It would be nice to get your weight into the volley, but that's not always possible. If there isn't time to step forward, try to get power from your legs by bending your knees and pushing into the ground. Of course, you're always looking for an easy ball to move forward and crunch.

The worst thing you can do is let the ball get behind you. So get on your toes and strive for a workout up there at the net. Great players are always flexed and ready to move forward to the ball. Don't sit around and wait for the ball to come to you. **GO TO THE BALL!!!**

BUILDING A TENNIS LIBRARY

Start perusing your tennis archives for books, videotapes, and DVD's you might have that you're willing to donate to our BTC Tennis Library. The actual details on how these items will be circulated will be worked out once we accumulate the donations. There is so much information to be shared with your fellow club members and the up-and-coming generation who may yearn to learn more about the great game. Please drop off all tennis related items at the reservation desk.

E-MAIL DATABASE

Slowly but surely, the club members e-mail addresses have been trickling into our database. If you haven't registered, please e-mail Colleen at director@balboatennis.com with your current e-mail address. Stay abreast on current club issues and updates via e-mail. Your e-mail address will only be used for club purposes.

CITY COLLEGE LOOKING FOR TEAM PLAYERS

Coach Renee Gregorio and Assistant Coach Wendy Murphy are looking for recruits to play on the San Diego City College Women's Tennis Team. The seasonal workouts begin on January 17 with the first match played on February 16. Players need to carry at least 12 units to qualify for the team. Renee and Wendy are looking for players over the age of 18 and under 100. That leaves the door wide open for any players who have yearned to play on a collegiate team. Please contact Renee Gregorio at rgregori@sdccd.edu or call her at 619-388-4418 if you need further information.

Member Spotlight



VALERIA HECKLER

As a seven-year member of Balboa Tennis Club, Valeria Heckler truly values the high level of competition and assortment of players available at this club. She says, "there's no place like Balboa Tennis Club anywhere," with enthusiasm in her voice. "My game has really improved since joining." Of course, Valeria enhances her chances of improving by playing regularly, tackling the challenge court, attending drill sessions, biking, swimming and playing competitive soccer.

Valeria competes in an adult winter league called, "Prime of Life," for those players over the age of 45. She was recently featured on the cover of an adult soccer magazine. As a competitive soccer player since 1972, Valeria likes the cross training benefits of both sports. "Soccer has given me good balance and quick feet on the tennis court," she says.

Valeria came to the United States at the tender age of 18 from Stuttgart, Germany.

She started working as a nanny in the New York area.

Soon she applied for an office job and began to take English lessons to improve her language skills. Valeria moved West shortly thereafter and landed in Malibu. While working for a bank, she met her husband and moved to San Diego. They have one grown son.

Like many of her contemporaries, Valeria didn't have the benefit of organized sports when she was growing up. She played some handball and swam. Her first introduction to tennis came while living in New York on the local public courts. Her game has progressed steadily over the years and now she's reaping the benefits of playing tennis at one of the finest municipal facilities in the country.

SK INSTITUTE OFFERING COMPLIMENTARY HEALTH LECTURES

As SK Institute, 6919 La Jolla Boulevard, celebrates its fourth anniversary, this unique spa would like to introduce BTC Members to another non-profit organization that is truly making a difference in people's lives. Bringing education and support services to people living with disease continues to be the main focus of SK Institute. Through four years of Breast Cancer Spa Nights, SK institute has educated, inspired, supported and pampered over 1800 women and men surviving breast cancer.

The Prostate Cancer night began over two years ago and continues to offer free information on the most up to date treatments and protocols available while also offering healing and pampering treatments.

One year ago, SK Institute launched Melanoma

Night. It's their goal to reach as many people as possible to encourage sun safety, precaution and early detection. They have enlisted the support of many outdoor sports enthusiasts and professionals. With all the exposure tennis players have in the sun, these educational classes help prevent and educate about skin cancer.

If you are interested in these complimentary lectures or know of friends who are dealing with these health issues, SK Institute welcomes Balboa Tennis Club Members. Visit their website at www.skstitute.org to make a reservation or learn more about the programs.

60th SAN DIEGO METROPOLITAN TOURNAMENT RECAP

Chaz Griffin successfully completed his second year as Tournament Director for the San Diego Metropolitan, which was played the last two weeks of September. This locally sanctioned tournament regularly draws a plethora of players from BTC and the San Diego Area. Trophies and cash prizes for the open division were awarded. Even though the tournament competes for quality players with the Pacific Southwest in Los Angeles, it still draws a good competitive base of players. Here are a few local and club player highlights provided by Chaz.

In the men's 45, one of the best matches of the tournament featured Larry Belinsky outlasting Alex Magtanong, 7-6,5-7,6-2. In the men's 50's, local favorites John Flowers and Tony Ybarra battled with Tony coming out on top, 4-6,6-1,6-1. In the 55's, Leland Houseman played down a division and defeated Bill Bethard 7-5,6-4. For the 65 title, Lester Vesell defeated Luis Cisneros 6-4,6-1. Reggie Gaines continued his winning ways by capturing the NTRP 3.5's with a solid 6-3,6-0 victory. Jeff Ray and Roger Siordia easily won the men's 40 doubles in two sets. Guy Fritz/Leland Housman defeated Jim Lackritz/Bill Bethard 7-5,6-7,6-4 in a very tight match to take the Men's 50 Doubles crown.

On the women's side, in the 40's, Laura Mintz-Moskal defeated Christine Kaus 1-6,6-4,6-2. Jeannine Bauer took the 4.5's with a win over Miki Shintani 6-3,6-1. Lastly, in the NTRP 5.5 Mixed Doubles Division, Fukami/Lee defeated Gill /Gunset-Brown 6-1,7-5. Aalem/Home bested the team of Dahl/Gerlacki 6-1,6-2 to take the 4.5 Mixed Doubles.

THE PRESIDENT SPEAKS

by Robin Rodger, BTC President

We're having an election!! It's a wonderful thing that so many people are taking an active interest in Balboa Tennis Club. We haven't had an election since the first time I ran for the board in October of 1998. Make sure you contribute by turning in your ballot.

We have many people contributing to BTC in so many ways. Many of you never hear all the wonderful things people do or suggest. DID YOU KNOW?

1. Marion Hinchy donated the new cushion and pillow in the women's restroom.
2. The handrail going down to the stadium court was Herb Bistrow's idea.
3. Don Stadelli has donated a wheelchair, shelving and the latest – a new copier.
4. Pete Sullivan proofreads our newsletter – nicknamed Eagle Eye.
5. David Ross helps coordinate our shoe drive for St. Vincent De Paul.
6. Fred Witt had the idea of starting the shoe drive..
7. Geoff Griffin gives free clinics to children every Tuesday afternoon.
8. There is a volunteer garden committee and a volunteer tournament monitoring committee.
9. Becky Smiser has donated all the signs at BTC.
10. Dick Fowler has donated his time and ideas to figure out how to repair an old facility.
11. Letty Zane is making a pillow for the chair in the women's locker room.
12. Linda Stadelli has spent hours updating our clubhouse and locker rooms.

The list goes on because Balboa Tennis Club is a very unique place, where so many people give of their time to make it special for all of us

ELECTION TIME – MAKE YOUR VOTE COUNT!

This year the office of the president and five board members are up for reelection. Robin Rodger is running unopposed. There are five vacancies open for a two year board term, with six candidates running

CANDIDATES FOR BTC BOARD OF DIRECTORS

Ron Celeste

Ronald J. Celeste is a Certified Public Accountant here in San Diego. Ron owns and operates the accounting and tax firm of Celeste and Associates. He has served as Treasurer of the BTC from 1994-1996 and 1999-2005. Ron has served on many boards during his career. He enjoys contributing to one of the best tennis facilities in the nation..

Linda Stadelli

Linda Stadelli is happily retired after working in outside sales for 15 years. She relocated to San Diego five years ago from Atlanta, where she was very involved the tennis community. Linda joined BTC shortly after moving and has been an active member of the board since 2001. Her duties and accomplishments include redecorating the clubhouse, painting and improving the locker rooms, and working with the Garden Committee to maintain all plants and pots around the club.

Richard Barndt

Richard Barndt is an electrical engineer who now practices estate-planning law. He joined the BTC Board shortly after moving to San Diego in 1995 and has been a member for the past three terms of two years. Richard has served as Vice President of BTC for the past two terms. His main goal is to continue to maintain BTC as a premier public facility, while keeping it affordable to the general public.

Barbara Gregorio

Barbara Gregorio has run the Senior Olympic Tennis Tournament for 11 years. She was responsible for getting the tournament moved to BTC four years ago. Barbara also volunteers to help run the USTA Tournaments. She is very proud of BTC and is determined to help keep this club as the finest outdoor facility in the United States.

Barbara hopes to become a board member and be part of the “team.”

Bob Gates

Bob Gates retired to San Diego in 1999 after living in Vero Beach, where he and his wife owned and operated rental properties. Bob’s extensive athletic resume includes national awards in swimming, running and fencing. All this training has prepared him for his current passion of tennis. Bob wants to see the friendly atmosphere at BTC continue. He promises to work for the members’ concerns.

Peter Conneely

Peter Conneely is a hair stylist from Hartford, Conn. Outside of tennis, he spends his summers working with emotional, developmental and physically challenged adults and children through Camp Able at SDSU. His interest in serving as a member of the board is inspired through two distinct voices heard around this wonderful club. There are those who want to organize the parade and others who want to march in the parade. Peter believes in bringing these two voices together to make improvements within our outstanding facility.

BOARD OF DIRECTORS ELECTION BALLOT

Please vote for five people, with a check mark or an X. Either mail the ballot to the club or leave it with the reservation attendant. The deadline for accepting ballots is December 1, 2005.

| | |
|------------------|--|
| Bob Gates | |
| Ron Celeste | |
| Linda Stadelli | |
| Richard Barndt | |
| Peter Conneely | |
| Barbara Gregorio | |

Calendar of events

November

| | |
|--------------|---|
| 1-19 | HOLIDAY SHOE AND BLANKET DRIVE |
| 12-13, 19-20 | SAN DIEGO FEDERATION - 12:00-5:00 P.M. |
| 15 | BTC BOARD MEETING – 7:00 P.M. |
| 19 | BTC TURKEY SHOOT SOCIAL – ROUND ROBIN ,3 PM TENNIS, 5 PM FOOD |
| 24 | RESERVATIONS CLOSED THANKSGIVING DAY |

December

| | |
|----|---|
| 3 | FREE TENNIS CLINIC – 3:00 – 4:30 P.M.—SIGN UP IN PRO SHOP |
| 6 | BTC BOARD MEETING – 7:00 P.M. |
| 14 | VOLUNTEER HOLIDAY PARTY |
| 25 | RESERVATIONS CLOSED CHRISTMAS DAY |

January

| | |
|----|--|
| 1 | RESERVATIONS CLOSED NEW YEARS DAY |
| 14 | NEW YEAR'S RESOLUTION'S SOCIAL – ROUND ROBIN—3:00 P.M. |
| 17 | BTC BOARD MEETING/ANNUAL MEETING – 7:00 P.M. |
| 20 | SDDTA ANNUAL DINNER WITH WAYNE BRYAN, 6:00 PM (CALL THE DISTRICT OFFICE AT 619-299-8647 FOR INFO) |

February

| | |
|----|---|
| 15 | BTC BOARD MEETING – 7:00 P.M. |
| 18 | FREE TENNIS CLINIC – 3:00 – 4:30 P.M.—SIGN UP IN PRO SHOP |

Center Court

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